

DIXON SENIOR CALENDAR

DECEMBER 2024



SENIOR/MULTI-USE CENTER
 201 S. FIFTH STREET DIXON, CA 95620
 OFFICE PHONE: (707) 678-7022



CHAIR YOGA CLASS
 Mondays & Thursdays,
 10:30 - 11:30 am
 First Class is FREE
 10 Class Pass - \$95
 5 Class Pass - \$50
 Passes do not expire and
 can be purchased at class.
 The instructor is Yae
 Kuroda. Participants may sit
 in a chair or stand.

DROP-IN SENIOR
TECHNOLOGY HELP &
LIBRARY SERVICES
DECEMBER 10th
1PM-3PM

BRING IN YOUR DEVICE
 AND GET TECH HELP AT
 THE DIXON
 SENIOR/ MULTI-USE
 CENTER



Happy Holidays

The Senior Multi-Use Center will be closed December 24 & 25 for the Christmas holiday & Wednesday, January 1 for the New Year's holiday.



LINE DANCING CLASS
 Tuesdays & Thursdays,
 December 1-31
 at 9:00 am
 (No class 12/24)
 Join this fun class
 anytime! Learn steps
 and dance to a variety
 of music all while
 getting exercise.

**ANNUAL SENIOR CLUB
 HOLIDAY LUNCHEON
 TICKETS ON SALE NOW!**

Friday, December 6
 Doors open at 11 am
 Lunch served at 11:30 am
 \$20 per Club member;
 \$25 per non-Club
 member.

Join us and enjoy a
 catered lunch and an
 afternoon of holiday
 cheer. There will be
 afternoon
 entertainment so please
 come join us. Tickets are
 available through
 Wednesday, Nov. 27.





BUNCO

Bunco will not be held in December due to the busy holiday season. We will resume in January on the **3rd Tuesday of each month.**



LOW IMPACT FITNESS CLASS

Tuesdays

(No class Dec. 25)

10:30 - 11:30 a.m.

First Class is FREE

10 Class Pass - \$95

5 Class Pass - \$50

Low impact sitting and standing workouts. Improve strength, balance and more.



CHRISTMAS WREATH (or DECORATION) HALLWAY DISPLAY

If you have a Christmas wreath or decoration you could share with us for the month of December please drop it by the Senior Center office. We would like to get enough Christmas wreaths/ decorations to decorate the Senior Center for the holidays. All items must be ready to hang.

BUSY BEE'S SEWING & CRAFTS CIRCLE



Mondays
at 10 am

Sew, Craft and Chat!

MEALS ON WHEELS OF SOLANO COUNTY



MEALS on WHEELS
SOLANO COUNTY

Meals on Wheels offers home delivered meals to Seniors age 60 & older. Deliveries are made Wednesday & Friday 10:00 a.m. - 1:00 p.m.

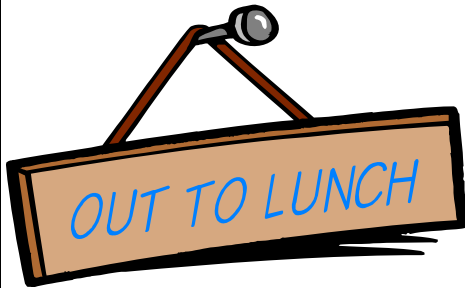
For more information call 707-425-0638.

CONGREGATE

DINING IS BACK AT THE SENIOR CENTER!

We are excited to work with **Innovative Health Solutions** to provide healthy & nutritious lunches at the Senior Center at **11:30am every Tuesday & Thursday**

Sign-up by calling **(707) 684-4376** so proper portions are cooked. There is a suggested donation of \$4 per meal



THE OUT TO LUNCH BUNCH IS CANCELLED THIS MONTH

The Out to Lunch Bunch will not be held in December due to the busy holiday season. Monthly trips will **resume in January.**

MEMBERSHIP RENEWAL
Annual Dues

DIXON SENIOR CLUB
MEMBERSHIP

Senior Club dues will be due in January. Please call 678-7022 for more information or stop by the Senior Center and join the Club today.



DIXON SENIOR CLUB
MEMBERSHIP continued

If you're a returning member, please update your address and phone number with us so we can update our membership directory. New members will be asked to complete a short form during the sign up process.

Dues can be paid at the Senior/Multi-Use Center during regular business hours, M-F from 9am to 2:30pm or can be mailed to the following address:

*Dixon Senior Club
c/o Dixon Senior/
Multi-Use Center
201 S. 5th Street
Dixon, CA 95620*

Annual dues are \$10 per person and are due each January. Members who have not renewed their membership by March 31 will be asked to pay \$12.



CHRISTMAS CANDY BINGO

Monday, December 23
At 12 noon

Bring a bag of your favorite Christmas candies. **Candies must be individually wrapped.** Chocolate kisses, peanut butter cups, rolos, mini chocolate bars and peppermints are all ideas. The winner of each game wins the money pot and the candy pot.



GRUPO HISPANICO
(HISPANIC GROUP)

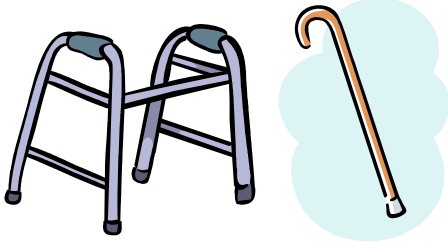
(No meeting 12/25)

Wednesdays at 10 a.m.

Talk about current events, play loteria, and just enjoy the company of friends.



MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.

DROP-IN SENIOR TECHNOLOGY HELP & LIBRARY SERVICES **DECEMBER 10th** **1PM-3PM**

BRING IN YOUR DEVICE
AND GET TECH HELP AT
THE DIXON
SENIOR/ MULTI-USE
CENTER

Offered 2nd Tuesday of
each month



DIXON READI-RIDE **678-5020**

Provides rides within
Dixon city limits.

Discounted tickets,
available for seniors riding
to and from the Center,
are available at the
Senior/Multi-Use Center.
Dixon Read-Ride operates
Monday-Friday,
7 a.m. - 5 p.m. (excluding
major holidays). The fare
for a Senior (62 & older)/
disabled passenger is
\$2.25 or a day pass
for \$4.50.

GOLDEN PASS **PROGRAM**

Dixon Seniors Age 80 & up
can receive a Golden Pass
for a free ride for local
trips only. All rides must
be within City limits and
can happen anytime
Readi-Ride is available
and open. For more
information contact
Dixon Read-Ride at 678-
5020 or Transit Supervisor,
Vicki Jacobs, at 678-7442.

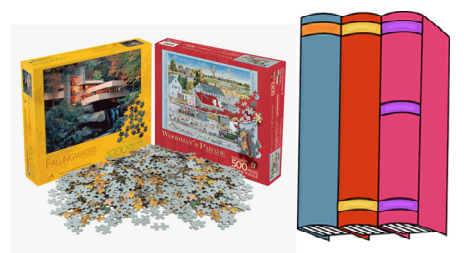
DECEMBER BIRTHDAYS

Dene Burley (5)
Darryl Fountain (6)
Juanita Hagler (12)
Gary Stuber (16)
Cathy Schell (24)
James Schell (27)
Virginia Fletcher (29)
Numbers in () signify
birthday day.



PUZZLE & BOOK LIBRARY

Did you know we loan out
puzzles and books for you
to take home and enjoy?
We're always getting new
donations of used books
and puzzles to share. Stop
by the Center and see
what's available.



Senior Activities - December 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Busy Bee's Crafts Chair Yoga Bingo	3 Line Dancing Senior Fitness Lunch 11:30a	4 Grupo Hispanico	5 Line Dancing Chair Yoga Lunch 11:30a	6 Senior Club Christmas Luncheon 	7
8	9 Busy Bee's Crafts Chair Yoga Bingo	10 Line Dancing Senior Fitness Tech Help Lunch 11:30a	11 Grupo Hispanico	12 Line Dancing Chair Yoga Lunch 11:30a	13	14
15	16 Busy Bee's Crafts Chair Yoga Bingo	17 Line Dancing Senior Fitness Lunch 11:30a	18 Grupo Hispanico	19 Line Dancing Chair Yoga Lunch 11:30a	20	21
22	23 Busy Bee's Crafts Chair Yoga Bingo	24 HOLIDAY Center is closed.	25 HOLIDAY Center is closed. 	26 Line Dancing Chair Yoga Lunch 11:30a	27	28
29	30 Busy Bee's Crafts Chair Yoga Bingo	31 Line Dancing Senior Fitness Lunch 11:30a				